

Continuing Professional Education Credits

2025 Dietary Guidelines Advisory Committee: Scientific Report Meeting

The U.S. Departments of Health and Human Services (HHS) and Agriculture (USDA) appointed 20 nationally recognized experts in food and nutrition to serve on the [2025 Dietary Guidelines Advisory Committee](#) (Committee). Nutrition professionals can obtain Continuing Professional Education credits by viewing each Committee meeting. Meeting materials, including agendas, slides, meeting summaries, and videocast links, can be found on [DietaryGuidelines.gov](#).

Meeting Description:

- The purpose of this Scientific Report meeting is to allow the Committee to review and discuss the scientific findings and advice that will be included in its Scientific Report. Each subcommittee and working group will review and share its advice for Committee discussion. Following this meeting, the Committee will finalize and submit its Scientific Report to the U.S. Department of Health and Human Services and the U.S. Department of Agriculture.

Learning Objectives:

After viewing the meeting, you will be able to:

- Describe the progress the Committee has made in reviewing the scientific evidence on specific topics and questions.
- Understand the Committee's scientific findings and based on its review of current nutrition evidence.
- Explain how the Committee's Scientific Report will support the development of the *Dietary Guidelines for Americans, 2025-2030*.

Credit Hours:

Registered Dietitians (RDs) and Dietetic Technicians (DTRs), after viewing a minimum of one hour, may claim additional credits in ¼ hour (.25 credit hour) increments for the live or recorded event, up to the maximum amount of credit hours available. If necessary, please round to the nearest quarter hour. For individuals who watch the live or recorded session, please take 5-minutes to reflect on your experience viewing the 2025 Dietary Guidelines Advisory Committee Scientific Report Meeting.

Certificate:

Please email us at DietaryGuidelines@hhs.gov to receive your certificate of completion and include:

1. Your full name
2. CDR registration number
3. The meeting you attended (live or recorded)
4. The number of hours claimed.

Feedback:

Participants may provide feedback on the event by emailing DietaryGuidelines@hhs.gov. Once the Departments receive the Scientific Report from the Committee, a separate comment period will be opened to collect input from the public which will be used to inform the development of the next edition of the *Dietary Guidelines*.

CDR credentialed practitioners may share information regarding the quality of this CPE activity or any CDR prior approved activity with CDR staff by emailing priorapproval@eatright.org.