

Continuing Professional Education Credits

2025 Dietary Guidelines Advisory Committee: Meeting 5

The U.S. Departments of Health and Human Services (HHS) and Agriculture (USDA) appointed 20 nationally recognized experts in food and nutrition to serve on the [2025 Dietary Guidelines Advisory Committee](#) (Committee). The Committee will meet approximately six times to discuss its evidence review, draft conclusions, and make plans for future work. All Committee meetings can be viewed by the public virtually (live and recorded).

Nutrition professionals can obtain Continuing Professional Education credits by viewing the meeting. Meeting materials, including agendas, slides, meeting summaries, and videocast links, can be found on [DietaryGuidelines.gov](#).

Meeting Description:

- [Meeting 5](#) of the 2025 Dietary Guidelines Advisory Committee features presentations from each subcommittee. The Committee also shares details on progress made since the fourth public meeting, including protocol development, evidence review and synthesis, draft conclusion statements, and plans for future Committee work.

Learning Objectives:

After viewing the meeting, you will be able to:

- Describe the progress the Committee has made in reviewing the evidence on specific topics and questions.
- Explain how the Committee is approaching health equity in its work.
- Analyze the Committee's draft conclusion statements based on its review of current nutrition evidence.

Credit Hours:

Registered Dietitians and Dietetic Technicians may claim a maximum of 9.0 credit hours. After viewing a minimum of one hour, participants may claim additional credits in ¼ hour (.25 credit hour) increments for the live or recorded event. If necessary, please round to the nearest quarter hour. For individuals who watch the recording, please take 5-minutes to reflect on your experience viewing the 2025 Dietary Guidelines Advisory Committee Meeting 5.

Suggested Performance Indicators: 4.1.1, 6.1.1, 6.4.2, 8.1.1

Certificate:

Please email us at DietaryGuidelines@hhs.gov to receive your certificate of completion and include:

1. Your full name
2. CDR registration number
3. The meeting you attended (live or recorded)
4. The number of hours claimed.

Feedback:

Participants may provide comments to the Committee on topics relevant to its work by submitting a written comment on [Regulations.gov](#). More information about submitting comments can be found on [DietaryGuidelines.gov](#).

RDs and DTRs may share information with CDR staff regarding the quality of this or any CDR CPEU Prior Approved Activity by emailing QualityCPE@eatright.org.