

Continuing Professional Education Credits

2025 Dietary Guidelines Advisory Committee: Meeting 4

January 19, 2024, from 8:30 a.m. – 3:00 p.m. Eastern Time

The U.S. Departments of Health and Human Services (HHS) and Agriculture (USDA) appointed 20 nationally recognized experts in food and nutrition to serve on the [2025 Dietary Guidelines Advisory Committee](#) (Committee). The Committee will meet approximately six times to discuss its evidence review, draft conclusions, and make plans for future work. All Committee meetings can be viewed by the public virtually (live and recorded).

Registered Nutrition Professionals can obtain Continuing Professional Education credits by viewing the meeting. Meeting materials, including agendas, slides, meeting summaries, and videocast links, can be found on [DietaryGuidelines.gov](#).

Meeting Description:

[Meeting 4](#) of the 2025 Committee includes:

- Presentations by each subcommittee and deliberation by the full Committee will detail progress made since the third public meeting, including protocol development, evidence review and synthesis, draft conclusion statements, and plans for future Committee work, including development of the scientific report.

Learning Objectives:

After viewing the public meeting, you will be able to:

- Describe the progress the Committee has made in reviewing the evidence on specific topics and questions.
- Understand how the Committee is approaching health equity in its work.
- Describe the Committee's draft conclusion statements based on its review of current nutrition evidence.

Credit Hours:

Registered Dietitians and Dietetic Technicians may claim up to **5 credit hours**. After viewing a minimum of one hour in length, participants may claim additional credits in ¼ hour (.25 credit hour) increments. If necessary, please round to the nearest quarter hour.

Suggested Performance Indicators: 4.1.1, 6.1.1, 6.4.2, 8.1.1

Certificate:

Please email us at DietaryGuidelines@hhs.gov to receive your certificate of completion and include:

- 1) Your full name
- 2) CDR registration number
- 3) The meeting you attended
- 4) The number of hours claimed.

Feedback:

Participants may provide comments to the Committee on topics relevant to its work by submitting a written comment on [Regulations.gov](#). More information about submitting comments can be found on [DietaryGuidelines.gov](#).

If you have feedback on the event, please include it in your email. You can also contact the [Commission Dietetic Registration](#) with specific feedback on the quality of this activity.