# 2020 DIETARY GUIDELINES ADVISORY COMMITTEE Meeting on Draft Advisory Report

#### **AGENDA**

Times are tentative and may be adjusted All times listed are Eastern Time

# Wednesday, June 17, 2020 Webcast Only

11:00 a.m.

#### Call to Order

Eve Stoody, PhD, Designated Federal Officer and Director Center for Nutrition Policy and Promotion, Food and Nutrition Service U.S. Department of Agriculture

## Chair Remarks and Overview of Agenda

Barbara Schneeman, PhD

## **Updates on Committee's NESR Systematic Reviews**

- Human milk and/or infant formula and overweight and/or obesity
- Seafood during pregnancy and neurocognitive development
- Seafood during childhood and adolescence and neurocognitive development
- Dietary fats and cardiovascular disease
- Maternal diet and child food allergies and atopic allergic disease
- Omega-3 fatty acid supplements during pregnancy and lactation and neurocognitive development
- Dietary patterns and bone health and neurocognitive health
- Diets based on macronutrient distribution: Growth, size, body composition, and risk of overweight and obesity; type 2 diabetes; cardiovascular disease; and sarcopenia
- Alcohol and all-cause mortality

## 12:00 p.m.

## **Outline of the Committee's Report**

Barbara Schneeman, PhD

### Discussion: Committee's Evidence-Based Advice to the Departments

# **Current Dietary Intakes Through the Life Course**

Regan Bailey, PhD, MPH, RD

Chapter 1: Current Intakes of Foods, Beverages, and Nutrients

## Diet and Health Relationships: Pregnancy and Lactation

Sharon Donovan, PhD, RD

Chapter 2: Food, Beverage, and Nutrient Consumption During Pregnancy Chapter 3: Food, Beverage, and Nutrient Consumption During Lactation

1:00 p.m. Break

# 2020 DIETARY GUIDELINES ADVISORY COMMITTEE Meeting on Draft Advisory Report

1:30 p.m.

Discussion: Committee's Evidence-Based Advice to the Departments, Continued

## Diet and Health Relationships: Birth to Age 24 Months

Kay Dewey, PhD

Chapter 4: Duration, Frequency, and Volume of Exclusive Human Milk and/or Infant Formula Feeding

Chapter 5: Food and Beverages Consumed During Infancy and Toddlerhood

Chapter 6: Nutrients from Dietary Supplements During Infancy and Toddlerhood

Chapter 7: USDA Food Patterns for Children Younger than Age 24 Months

3:00 p.m. Break

3:30 p.m.

Discussion: Committee's Evidence-Based Advice to the Departments, Continued

## Diet and Health Relationships: Individuals Ages 2 Years and Older

Carol Boushey, PhD, MPH, RD; Linda Snetselaar, PhD, RD; Regan Bailey, PhD, MPH, RD; Elizabeth Mayer-Davis, PhD, MSPH, RD; Timothy Naimi, MD, MPH; Steven Heymsfield, MD

Chapter 8: Dietary Patterns

Chapter 9: Dietary Fats and Seafood

Chapter 14: USDA Food Patterns for Individuals Ages 2 Years and Older

Chapter 10: Beverages

Chapter 12: Added Sugars

Chapter 11: Alcoholic Beverages Chapter 13: Frequency of Eating

## 5:30 p.m.

## **Integrating the Evidence and Future Directions**

Barbara Schneeman, PhD, and Ronald Kleinman, MD

### **Next Steps and Closing Remarks**

Eve Stoody, PhD, Designated Federal Officer and Director

7:00 p.m. Meeting Adjourns

The Committee will finalize their advisory report based on the discussion at the meeting and submit their final report to the Secretaries of USDA and HHS at the end of June 2020. USDA and HHS will post the final report online, send out a public notification, and open a new public comment period on or around July 15, 2020 for the Departments to accept comments on the Committee's report. The public is invited to present oral comments to USDA and HHS on Tuesday, August 11, 2020, 8:30 a.m. to 1:00 p.m. ET. Registration for the opportunity to present oral comments will be announced and available at DietaryGuidelines.gov.