

2020 Dietary Guidelines Advisory Committee
Meeting 5: March 12-13, 2020
Details to Obtain Continuing Professional Education Credits

The *2020-2025 Dietary Guidelines for Americans* development process is under way. The Departments of Agriculture and Health and Human Services appointed 20 nationally recognized experts to serve on the 2020 Dietary Guidelines Advisory Committee. The Advisory Committee will review the body of evidence on nutrition and health from birth into older adulthood during its meetings, all of which are open to the public.

The following information includes the event details provided to Registered Nutrition Professionals to obtain Continuing Professional Education credits for attending the Advisory Committee's fifth meeting. The meeting will be available to attend by webcast. The agenda will be posted to the [Meeting 5](#) page on DietaryGuidelines.gov a day or two before the meeting. All other meeting materials will be available on this page after the meeting concludes. Please allow at least one month for this to occur.

Meeting Description: The meeting will include presentations by each [subcommittee](#), deliberation by the full Committee, and plans to finalize its work. Subcommittee presentations will provide updates on the Committee's scientific reviews covering six topic areas: Dietary Patterns; Pregnancy and Lactation; Birth to 24 Months; Beverages and Added Sugars; Dietary Fats and Seafood; and Frequency of Eating; and the cross-cutting working group: Data Analysis and Food Pattern Modeling. Throughout the meeting, the Committee will review the work since the last public meeting and discuss plans to prepare its scientific report that will be submitted to the USDA and HHS in June 2020.

Credit Hours: Up to 12 credit hours are being offered for this meeting. If you are unable to view the entire meeting, you can obtain 1 credit hour for each hour of discussion that you viewed.

Program Objectives: At the conclusion of this event, the participant will be able to:

- Describe the Committee's progress on conducting a series of systematic reviews on...
 - ...dietary intake for children from birth to 24 months.
 - ...pregnancy and lactation and maternal and infant outcomes.
 - ...dietary fats and seafood and certain health outcomes.
 - ...beverages and added sugars and certain health outcomes.
 - ...dietary patterns and certain health outcomes.
 - ...the frequency of eating and certain health outcomes.
- Describe the Committee's progress on the evaluation of current dietary intakes of Americans.

Suggested Learning Need Codes (LNC) and Performance Indicators (PI)*

LNC: 1080, 4000, 4030, 4040, 9020

PI: 8.1, 12.1.4, 4.1.2

*These are only suggestions. You may use any related learning need code or performance indicator.