

2020 Dietary Guidelines Advisory Committee
Meeting 4: January 23-24, 2020

The *2020-2025 Dietary Guidelines for Americans* development process is under way. The Departments of Agriculture and Health and Human Services appointed 20 nationally recognized experts to serve on the 2020 Dietary Guidelines Advisory Committee. The Advisory Committee will review the body of evidence on nutrition and health from birth into older adulthood during its meetings, all of which are open to the public.

The following information includes the event details provided to Registered Nutrition Professionals to obtain Continuing Professional Education credits for attending the Advisory Committee's fourth meeting (via webcast or in-person). The [Meeting 4](#) page on DietaryGuidelines.gov provides other meeting materials, including the meeting agenda.

Meeting Description: Both meeting days will include deliberation of the full Committee after presentations by each [subcommittee](#). Presentations will outline the approaches and progress made on scientific reviews covering six topic areas: Birth to 24 Months; Pregnancy and Lactation; Dietary Fats and Seafood; Beverages and Added Sugars; Dietary Patterns; and Frequency of Eating; and the cross-cutting working group: Data Analysis and Food Pattern Modeling. Throughout the meeting, the Committee will review its work since the last public meeting and plan for future Committee work. The afternoon of the second day will include oral comments from the public.

Credit Hours: Up to 12 credit hours are being offered for this meeting. If you are unable to view the entire meeting, you can obtain 1 credit hour for each hour of discussion that you viewed.

Program Objectives: At the conclusion of this event, the participant will be able to:

- Describe the Committee's approach and progress on conducting a series of systematic reviews on...
 - ...dietary intake for children from birth to 24 months.
 - ...pregnancy and lactation and maternal and infant outcomes.
 - ...dietary fats and seafood and certain health outcomes.
 - ...beverages and added sugars and certain health outcomes.
 - ...dietary patterns and certain health outcomes.
 - ...the frequency of eating and certain health outcomes.
- Describe the Committee's approach and progress on the evaluation of current dietary intakes of Americans.
- Summarize public oral comments provided to the Committee.

Suggested Learning Codes (LC) and Performance Indicators (PI)*

LC: 1080, 4030, 4040, 4000, 9020

PI: 8.1, 12.1.4, 4.1.2,

*These are only suggestions. You may use any related learning code or performance indicator.