

2020 Dietary Guidelines Advisory Committee
Meeting 2: July 10-11, 2019

The *2020-2025 Dietary Guidelines for Americans* development process is under way. The Departments of Agriculture and Health and Human Services appointed 20 nationally recognized experts to serve on the 2020 Dietary Guidelines Advisory Committee. The Advisory Committee will review the body of evidence on nutrition and health from birth into older adulthood during its public meetings.

The following information includes the event details provided to Registered Nutrition Professionals to obtain Continuing Professional Education credits for attending the Advisory Committee's second meeting (via webcast or in-person). The [Meeting 2](#) page on DietaryGuidelines.gov provides other meeting materials, including the meeting agenda.

Meeting Description: The Departments of Agriculture and Health and Human Services established the [2020 Dietary Guidelines Advisory Committee](#) to conduct an independent, science-based review of specific topics and supporting scientific questions related to nutrition and health. The first day will include presentations outlining the approaches for the scientific reviews from the six topic area [Subcommittees](#): Dietary Patterns; Pregnancy and Lactation; Birth to 24 Months; Beverages and Added Sugars; Dietary Fats and Seafood; and Frequency of Eating; and the cross-cutting working group: Data Analysis and Food Pattern Modeling. Throughout the meeting, the Committee will review its work since the last public meeting and plan for future Committee work. The morning of the second day will include oral comments from the public.

Credit Hours: If you view the entire meeting, you can obtain 10 credit hours. If you are unable to view the entire meeting, you can obtain 1 credit hour for each hour of discussion that you viewed.

Program Objectives: At the conclusion of this event, the participant will be able to:

- Describe the approach used to conduct a series of systematic reviews on dietary patterns and certain health outcomes.
- Describe the approach used to conduct a series of systematic reviews on pregnancy and lactation and maternal and infant outcomes.
- Describe the approach used to conduct a series of systematic reviews on children from birth to 24 months.
- Describe the approach used to conduct a series of systematic reviews on beverages and certain health outcomes.
- Describe the approach used to conduct a series of systematic reviews on dietary fats and seafood and certain health outcomes.
- Describe the approach used to conduct a series of systematic reviews on the frequency of eating and certain health outcomes.
- Describe the approach used to evaluate current dietary intakes of Americans.
- Summarize public oral comments provided to the Committee.

Suggested Learning Codes (LC) and Performance Indicators (PI)*

LC: 1080, 4030, 4040, 4000, 9020

PI: 8.1, 12.1.4, 4.1.2,

*These are only suggestions. You may use any related learning code or performance indicator.