



# Dietary Guidelines for Americans

#DietaryGuidelines





**Welcome**  
*Eve Stody, PhD*  
**Designated Federal Officer**  
2020 Dietary Guidelines Advisory Committee

[DietaryGuidelines.gov](https://DietaryGuidelines.gov)





# 2020 Dietary Guidelines Advisory Committee *Meeting 2*

**Wednesday, July 10, 2019 (9:00am – 4:30pm)**

**Thursday, July 11 (8:30am – 12:30pm)**

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# 2020 Dietary Guidelines Advisory Committee

## Members in Attendance

- Barbara Schneeman, PhD

### ***Chair***

- Ronald Kleinman, MD

### ***Vice Chair***

- Jamy Ard, MD

- Regan Bailey, PhD, MPH, RD

- Lydia Bazzano, MD, PhD

- Carol Boushey, PhD, MPH, RD

- Sharon Donovan, PhD, RD

- Heather Leidy, PhD

- Richard Mattes, PhD, MPH, RD

- Timothy Naimi, MD, MPH

- Rachel Novotny, PhD, RDN, LD

- Joan Sabaté, MD, DrPH

- Linda Snetselaar, PhD, RD

- Elsie Taveras, MD, MPH

- Linda Van Horn, PhD, RDN, LD

**Not in attendance:** Teresa Davis, PhD; Kathryn Dewey, PhD;  
Steven Heymsfield, MD; Elizabeth Mayer-Davis, PhD, RD;  
and Jamie Stang, PhD, MPH, RDN

# 2020 Dietary Guidelines Advisory Committee

- Established to conduct an independent review of current research on nutrition and health to be considered by USDA and HHS in the development of the *2020-2025 Dietary Guidelines for Americans*.



**Opening Remarks**

**2020 Dietary Guidelines Advisory Committee: Meeting 2**

# Charge to the 2020 Dietary Guidelines Advisory Committee

- Examine the evidence on specific topics and scientific questions identified by the Departments;
- Develop a report that outlines its science-based review and recommendations to the Departments with rationale; and
- Submit its report to the Secretaries of USDA and HHS for consideration as the Departments develop the *2020-2025 Dietary Guidelines for Americans*.

# The Committee's Important Role: To Describe the State of Current Nutrition Science

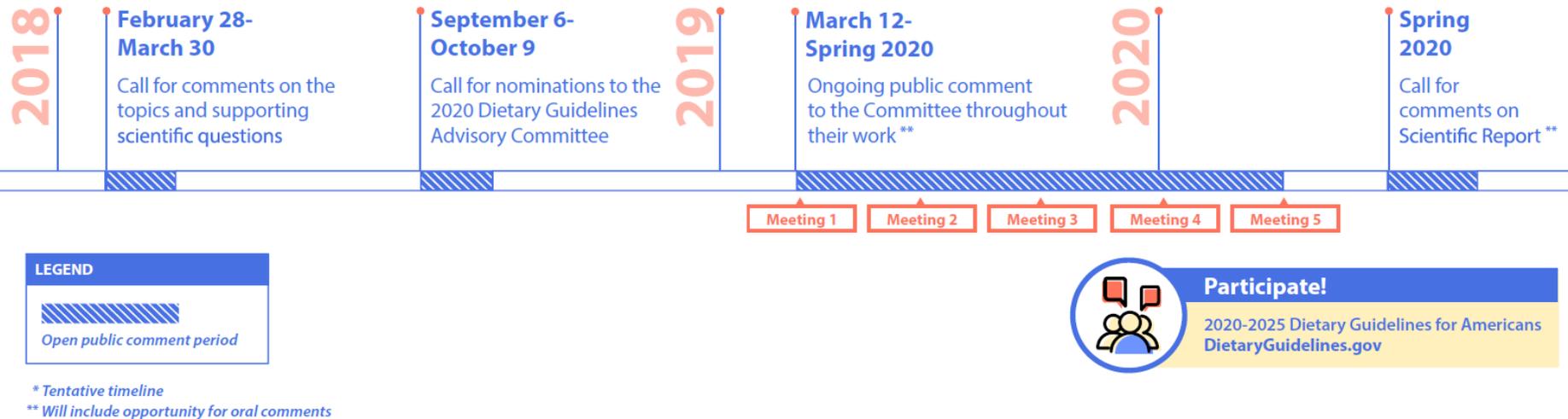
- Each edition of the *Dietary Guidelines* that USDA and HHS develop builds upon the previous edition, with scientific justification for changes informed by the Committee's scientific report – along with input from Federal agencies and the public.



Opening Remarks

2020 Dietary Guidelines Advisory Committee: Meeting 2

# 2020 Dietary Guidelines Advisory Committee Timeline\*



- **The Departments request the Committee’s report by May 2020** – so that the Departments can meet our mandate to release the next edition of the *Dietary Guidelines* within 5 years – by December 2020.

# Save the Dates

- ✓ Meeting 1: March 28-29, 2019 (Washington, DC)
- Meeting 2: July 10-11, 2019 (Washington, DC)
- Meeting 3: October 24-25, 2019 (Washington, DC)
- Meeting 4: January 23-24, 2020 (Houston, TX)
- Meeting 5: March 12-13, 2020 (Washington, DC)

***This meeting and meeting 4 will include an opportunity for oral comments to the Committee from the public***



***Registration will be announced at [DietaryGuidelines.gov](https://www.dietaryguidelines.gov) and through our listserv***

# DietaryGuidelines.gov

An official website of the United States government [Here's how you know](#)

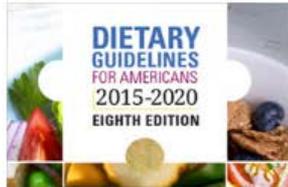


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## Current Dietary Guidelines



View Current Edition



The 2020-2025 Dietary Guidelines for Americans development process is under way. View our progress below.



### Advisory Committee's Scientific Review

Learn more about the scientific review



COMPLETE

The Committee is currently reviewing the scientific evidence. The public is invited to attend the Committee's meetings, and is welcome to submit comments to the Committee throughout its work. The Committee's work will end with the release of its scientific report to the Secretaries of USDA and HHS in 2020.



IN-PROCESS

### USDA/HHS

The *Dietary Guidelines* diet

USDA and HHS update the *Dietary Guidelines* diet. USDA and HHS will consider the public comments. This work will end with the release of the *Dietary Guidelines* report to the Secretaries of USDA and HHS in 2020.