Welcome

Eve Stoody, PhD
Designated Federal Officer
2020 Dietary Guidelines Advisory Committee
2020 Dietary Guidelines Advisory Committee

Meeting 1
Thursday, March 28, 2019 (9:00am – 4:30pm)
Friday, March 29 (8:30am – 3:00pm)

DietaryGuidelines.gov
Our Common Goal: Improving the Health of Our Nation

- What we eat and drink matters
- We still fall far short of eating according to the Dietary Guidelines

How Healthy Is the American Diet?

The Healthy Eating Index Score shows that Americans do not align their eating choices with the Dietary Guidelines. (on a scale from 0-100)

Data source for Healthy Eating Index scores: What We Eat in American, National Health and Nutrition Examination Survey. (Undated data are from 2015-2016).

Data show that moving toward the Dietary Guidelines can have health and economic benefits
Our Common Goal:
Improving the Health of Our Nation

• The *Dietary Guidelines* is mandated to reflect the preponderance of scientific evidence and to be published jointly by USDA and HHS every five years.

• Important to reexamine the evidence to provide current, credible, science-based advice to all Americans – from birth into older adulthood.
USDA and HHS are committed to ensuring that our process to develop the 2020-2025 Dietary Guidelines for Americans is transparent, inclusive, and science-driven.
This Morning’s Agenda

• Opening Remarks and Swearing-in of Committee
• Break
• Overview of Committee Charter, Operations, and Timeline
• Chair and Vice Chair Remarks
• Lunch
This Afternoon’s Agenda

• Responding to the National Academies of Sciences, Engineering, and Medicine Study on the Process to Establish the Dietary Guidelines for Americans

• Approaches for Examining the Evidence
  • Nutrition Evidence Systematic Review
  • Implementing Peer-Review of 2020 Dietary Guidelines Advisory Committee Systematic Reviews
  • Data Analysis
  • Food Pattern Modeling

• Opportunities for Public Engagement

• Closing Remarks for Opening Session

Agenda available at DietaryGuidelines.gov
Opening Remarks and Swearing-in of Committee

Brandon Lipps, JD
Acting Deputy Under Secretary
Food, Nutrition, and Consumer Services
U.S. Department of Agriculture

Dietary Guidelines for Americans
2020 Dietary Guidelines Advisory Committee
Swearing-in

• Barbara Schneeman, PhD  
  *Chair*
• Ronald Kleinman, MD  
  *Vice Chair*
• Heather Leidy, PhD
• Joan Sabaté, MD, DrPH
• Carol Boushey, PhD, MPH, RD
• Regan Bailey, PhD, MPH, RD
• Jamy Ard, MD
• Elizabeth Mayer-Davis, PhD, RD
• Steven Heymsfield, MD
• Kathryn Dewey, PhD
• Lydia Bazzano, MD, PhD
• Richard Mattes, PhD, MPH, RD
• Rachel Novotny, PhD, RDN, LD
• Linda Van Horn, PhD, RDN, LD
• Teresa Davis, PhD
• Linda Snetselaar, PhD, RD
• Jamie Stang, PhD, MPH, RDN

**Note:** Elsie Taveras, MD, MPH; Sharon Donovan, PhD, RD; and Timothy Niami, MD, MPH are not in attendance today and will complete swearing in separately