

2020 Dietary Guidelines Advisory Committee



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University of Iowa



Jamie Stang, PhD, MPH, RDN
University of Minnesota



Elsie Taveras, MD, MPH*
Harvard University



Linda Van Horn, PhD, RDN, LD
Northwestern University

2020 Dietary Guidelines Advisory Committee *Administrative Training*

Agenda

Overview of Committee Charter, Operations, and Timeline (30 min)

Ethics Training (20 min)

Public Affairs Briefing (10 min)

Overview of [DietaryGuidelines.gov](https://www.dietaryguidelines.gov) (5 min)

Introduction to Federal Advisory Committee Act (20 min)

Q&A and Meeting Wrap-up (25 min)

About the Dietary Guidelines for Americans

- The *Dietary Guidelines for Americans* serves as the cornerstone of federal nutrition programs and policies, providing food-based recommendations to help prevent diet-related chronic diseases and promote overall health.
- According to the National Nutrition Monitoring and Related Research Act of 1990, the *Dietary Guidelines* is mandated to reflect the preponderance of scientific evidence, and is published jointly by USDA and HHS every five years.
- Historically, the *Dietary Guidelines* has focused on 2 years of age and older. The 2014 Farm Bill mandated the addition of infants and toddlers and women who are pregnant.

About the Dietary Guidelines for Americans

USDA and HHS are committed to ensuring that our process to develop the *2020-2025 Dietary Guidelines for Americans* is transparent, inclusive, and science-driven.



2020 Dietary Guidelines Advisory Committee

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- 1 Charter
 - 2 Operations
 - 3 Timeline

Charter

- The 2020 Dietary Guidelines Advisory Committee is formed and governed under the Federal Advisory Committee Act (FACA).
- FACA requires a charter to be filed with Congress that describes the Committee's mission and function.
- The responsibility for chartering a Dietary Guidelines Advisory Committee every five years rotates between USDA and HHS.
 - USDA is responsible for chartering the 2020 Dietary Guidelines Advisory Committee and will serve as the administrative lead for the *2020-2025 Dietary Guidelines*.
- USDA and HHS will work jointly in supporting the Committee and in developing the *2020-2025 Dietary Guidelines*.

Charter:

Objectives and Scope of Activities

- The Committee is established to provide independent, science-based advice and recommendations to be considered by USDA and HHS in the development of the *2020-2025 Dietary Guidelines for Americans*.
- Specifically, the Committee will:
 - Examine the evidence on the topics and scientific questions identified by the Departments;
 - Develop a report that outlines its science-based review and recommendations to the Departments with rationale; and
 - Submit its report to the Secretaries of USDA and HHS for consideration as the Departments develop the *2020-2025 Dietary Guidelines for Americans*.

2020 Dietary Guidelines Advisory Committee: Topic Areas

Topics Areas

- Dietary and beverage patterns
- Added sugars
- Dietary fats
- Seafood
- Frequency of eating
- Focus on birth-24 months and pregnancy and lactation



Supporting scientific questions available at DietaryGuidelines.gov and will be discussed at first public meeting.

Charter: Committee Duration

- The Committee's task is time-limited.
- The Committee will terminate after delivery of its final report to the Secretaries of USDA and HHS or two years from the date the charter was filed with Congress (October 5, 2018), whichever comes first.
- **The Departments request the Committee's report by May 2020.**



Operations: Subcommittees

- To accomplish its objectives, the Committee may establish subcommittees that are composed of members of the parent Committee.
- The purpose of the subcommittees is to review evidence and provide advice to the parent Committee.
- Each subcommittee will conduct its work together between public meetings of the full Committee and will provide updates for deliberation and decisions during public meetings.
- **The Departments will propose a subcommittee structure and membership to the Chair, Vice-Chair, and Committee for review.**
- **Suggest members participate in no more than two subcommittees.**

Operations: Time Commitment

- Public meetings of full committee
 - Five, 2-day public meetings
- Subcommittee work in between public meetings
 - Teleconference frequency will be determined by the subcommittee
 - Usually once a week or once every other week
 - Frequency may increase or decrease at times based on workflow
 - Review of materials requested over time

Leadership in *Dietary Guidelines* Development

USDA

Sonny Purdue, DVM
Secretary

Brandon Lipps, JD
Acting Deputy Under Secretary
Food, Nutrition, and Consumer Services

Scott Hutchins, PhD
Deputy Under Secretary
Research, Education, and Economics

Jackie Haven, MS, RD
Deputy Director
Center for Nutrition Policy and Promotion

HHS

Alex Azar, JD
Secretary

ADM Brett P. Giroir, MD
Assistant Secretary for Health
Office of the Secretary

Don Wright, MD, MPH
Deputy Assistant Secretary for Health
Director
Office of Disease Prevention and Health
Promotion

Dietary Guidelines - Process Staff

USDA Center for Nutrition Policy and Promotion

- Eve Essery Stooddy, PhD
- Colette Rihane, MS, RD
- Jean Altman, MS
- Elizabeth Rahavi, RD
- Stephenie Fu
- Jessica Larson, MS, RD

HHS Office of Disease Prevention and Health Promotion

- Richard (Rick) Olson, MD, MPH
- Janet de Jesus, MS, RD
- Holly McPeak, MS
- Frances Bevington
- *Others*

2020 Dietary Guidelines Advisory Committee - Additional Support Staff

USDA

- David Klurfeld, PhD (ARS)
- Kristin Koegel, MS (CNPP)
- Jenna Seymour, PhD (CDC)
- Ashley Vargas, PhD, MPH, RDN (NIH)
- *Science Writer*
- *Others*

HHS

- Kellie O. Casavale, PhD, RD (FDA)
- Heather Hamner, PhD (CDC)
- Jennifer Lerman, MPH, RD, LDN (NIH)
- Sohyun Park, PhD (CDC)
- Cria Perrine, PhD (CDC)

Operations:

Support – Reviewing the Evidence

The Departments will offer support for four approaches for reviewing the evidence:

1. Original systematic reviews
2. Existing systematic reviews
3. Data analyses
4. Food pattern modeling analyses

More information on these approaches will be presented at the first public meeting.

Federal staff will support the process of reviewing the evidence, but the ultimate conclusions and recommendations are of the Committee.

Roles and responsibilities will be outlined.

Operations:

Support – Original & Existing Systematic Reviews

- **Julie Obbagy, PhD, RD**
- Emily Callahan, MS
- Laural English, PhD
- Darcy Gungor, MS
- Julia Kim, PhD, MPH, RD
- Brittany Kingshipp, PhD
- Concetta LaPergola, MS
- Ramkripa Raghavan, DrPH, MPH
- Joanne Spahn, MS, RD
- Maureen Spill, PhD
- Sudha Venkatramanan, PhD
- Gisela Butera, MLIS, MEd
- Marisol Hernandez, MLS, MA
- Nancy Terry, MLS
- *Others*

Operations:

Our name is changing from NEL to NESR

Nutrition Evidence Systematic Review (NESR)

“Connecting nutrition science with public health priorities”

www.nesr.usda.gov

Operations:

Support - Data &/or Food Pattern Modeling Analyses

- **TusaRebecca Pannucci, PhD, MPH, RD**
- Jaspreet Ahuja, MS (ARS)
- Shanthy Bowman, PhD (ARS)
- Kristin Koegel, MS (CNPP)
- Kevin Kuczynski, MS, RD (CNPP)
- Alanna Moshfegh, PhD (ARS)
- Melissa Nickle, MPH (ARS)
- Cynthia Ogden, PhD (CDC)
- Jill Reedy, PhD, MPH, RD (NIH)
- Cheyenne Swanson, MS (CNPP)
- Edwina Wambogo, PhD, MPH, RD, LD (NIH)
- *Others*

Operations:

Subcommittee Staffing

- Each subcommittee will be supported by specific process, support, systematic review, data analysis, and/or food pattern modeling staff, depending on the topics and questions to be examined by the subcommittee.
- Emails will be sent by consistent member(s) of staff and with standard subject lines.

Timeline

- First public meeting
 - March 28 & 29, 2019 in Washington, DC
 - Meeting will be announced publicly on March 11, 2019 in a *Federal Register* notice, at DietaryGuidelines.gov, and through listserv emails and social media posts
 - Followed by press release and additional promotion on March 19, 2019
 - DietaryGuidelines.gov launches and online registration opens

Timeline

- First public meeting – Agenda:
 - a) Review of Committee operations
 - b) Overview of topics and questions identified by the Departments to be examined by the Committee
 - c) Presentations on the evidence-based approaches for reviewing the scientific evidence
 - d) Plans for future Committee work

Timeline

- Approximately four additional public meetings
 - Three meetings in Washington, DC
 - One meeting outside the DC-area
 - Will poll availability for five date options immediately after this meeting

Goal: To announce dates for remaining public meetings at first public meeting.

Public Comments

- Public comments are an important part of the process.
- The mechanism for how the public can provide input to the Committee.
- Written comments can be submitted through Regulations.gov.
 - Beginning Tuesday, March 12 through early 2020
- Oral comments will be provided at two public meetings.

If someone wants to meet with you or provide information to you regarding the work of the Committee, direct him or her to submit the information through the public comment process so that it can be part of the public record.

- Public comments will be available for you to read online; we can also compile comments and provide summary reports.



Public Access:

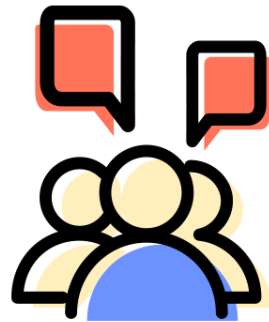
Public Meetings and DietaryGuidelines.gov

- The public can learn about the work of the Committee through public meetings and at DietaryGuidelines.gov.

When talking about the work of the Committee, only provide information that is publicly available. DietaryGuidelines.gov is a great resource, and public meetings will be livestreamed and archived.

- Treat work that is not public confidential.
- Helps to avoid real or perceived conflicts of interest.
- Protects the integrity of the process.

2020 Dietary Guidelines Advisory Committee: Questions?



DietaryGuidelines.gov