

# Comments Summary Report

*Submission Date Between 04/24/2009 and 10/28/2009*

**Key Topic: Food Safety**

**Comment ID:** 000576

**Submission Date:** 08/12/2009

**Organization Type:** Educational Institution

**Organization Name:** The University of Texas Health Science Center at Houston

**First Name:** Nathan

**Last Name:** Bryan

**Job Title:** Assistant Professor of Molecular Medicine

**Key Topic:** Evidence-based Review Process, Food Safety

**Sub Topic:**

**Attachment:** Y

**Comment:** see attachment

**Comment ID:** 000713

**Submission Date:** 10/27/2009

**Organization Type:** Educational Institution

**Organization Name:** Kansas State University

**First Name:** Allison

**Last Name:** Wilcox

**Job Title:** Student-Dietetics

**Key Topic:** Food Safety

**Sub Topic:**

**Attachment:** Y

**Comment:** See attached for suggestions for Food Safety Guidelines.

# Comments Summary Report

*Submission Date Between 04/24/2009 and 10/28/2009*

**Key Topic: Food Safety**

**Comment ID:** 000678

**Submission Date:** 10/20/2009

**Organization Type:** Individual/Professional

**Organization Name:**

**First Name:** Erin

**Last Name:**

**Job Title:**

**Key Topic:** Eating Patterns, Food Groups, Food Safety

**Sub Topic:**

**Attachment:** N

**Comment:** The current daily recommendation to eat at least 6 servings of grains (including processed foods) encourages the consumption of genetically modified organisms (mostly in the form of corn or soy) which have not been sufficiently tested and are not required to be labeled. The focus of the food pyramid should be on encouraging consumption of fruits, vegetables, and whole grains; highly processed and refined grains (e.g. breakfast cereals, breads, cookies, crackers, etc.) should be consumed sparingly, if at all. The USDA recommendations should not be influenced by the special interest groups representing the corn/soy, meat, dairy, and fast food industries.

**Comment ID:** 000616

**Submission Date:** 09/09/2009

**Organization Type:** Individual/Professional

**Organization Name:**

**First Name:** Victoria

**Last Name:** Kincaid

**Job Title:**

**Key Topic:** Eating Patterns, Food Safety

**Sub Topic:**

**Attachment:** Y

**Comment:** Suggestions regarding fresh sources of plant-based foods, the amount of mercury in sea-life, and limiting foods that contain pesticides, chemicals and genetically modified organisms.

# Comments Summary Report

Submission Date Between 04/24/2009 and 10/28/2009

Key Topic: Food Safety

**Comment ID:** 000631

**Submission Date:** 09/21/2009

**Organization Type:** Individual/Professional

**Organization Name:**

**First Name:**

**Last Name:**

**Job Title:**

**Key Topic:** Eating Patterns, Food Safety, Other

**Sub Topic:**

**Attachment:** Y

**Comment:** The three main things I would like to be considered in the process of revising the Dietary Guidelines are

1. A focus on buying locally/eating seasonally
2. Avoiding Genetically Modified Organisms
3. The benefits of vegetarian/vegan diets

**Comment ID:** 000598

**Submission Date:** 08/28/2009

**Organization Type:** Individual/Professional

**Organization Name:**

**First Name:** Lea

**Last Name:** Cox

**Job Title:** Home economic engineer

**Key Topic:** Eating Patterns, Food Safety, Other

**Sub Topic:** MyPyramid

**Attachment:** N

**Comment:** All studies can be ambivalent.

One corn syrup should not be subsidized, or used in every drink. People do not need this much sugar.

Sugar is the enemy of the body unless comes directly from fresh food you eat, as fruit and legumes.

First we grow food with pesticide, then it becomes genetically modified...then it is poison.

Eliminate sodas and all candy to limit obesity.

Cut down food intake to 2/3 of what is normally thought to be necessary.

Reduce salt, another obesity cause, in all can food.

Reduce the type and kind of soda available.

My diet is, no sodas, legumes, once a week organic chicken, eggs, fish, no red meat.

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**Key Topic: Food Safety**

Plenty of pasta, less meat, no fried foods, use only olive oil and fresh vegetables.

Eliminate processed foods as much as you can.

Most of all reduce amount of intake.

As for the government, until you get rid of MONSANTO and pesticide there is no reason to believe we will survive as a species. We will continue to get sick and the health cost will rise.

FDA is not doing a good job neither in assessing the danger of genetic change in our food or recognizing and aiding the organic industry.

We can eat better, less and stay healthier only with organic grown food and get off the red meat as a staple. Growth hormone in our milk is not acceptable, I drink organic. It will cause changes in the human genes and then there will be hell to pay.

**Comment ID:** 000503

**Submission Date:** 05/23/2009

**Organization Type:** Individual/Professional

**Organization Name:**

**First Name:** Joy

**Last Name:** Strickland

**Job Title:** Certified Wellness Coach

**Key Topic:** Food Safety

**Sub Topic:**

**Attachment:** N

**Comment:** Americans outside the food industry and the bureaucracies that purport to regulate them are increasingly aware of the ubiquitous growth hormones, steroids, pesticides, insecticides and antibiotics in the American diet. This awareness is driving the demand organic foods despite the fact that there has been little or not advertising about such foods. The publication of food standards that include no mention of the chemicals?especially those present in cows, pigs, and chickens?that are the staple of the industry, calls such standards into question, and reinforces the understanding that the USDA and the FDA regularly bow to corporate profits at the expense of the health and wellness of the American consumer.

# Comments Summary Report

Submission Date Between 04/24/2009 and 10/28/2009

Key Topic: Food Safety

**Comment ID:** 000653

**Submission Date:** 09/25/2009

**Organization Type:** Individual/Professional

**Organization Name:**

**First Name:** Gail

**Last Name:** Elbek

**Job Title:**

**Key Topic:** Food Safety

**Sub Topic:**

**Attachment:** Y

**Comment:** Hundreds of studies as well as the NIH confirm that soy is an active estrogen, loaded with anti-nutrients qualifying soy as a phyto-toxic endocrine disruptor. Soy estrogens and anti-nutrients can largely fluctuate among plants thus soy products. 33-50% of people also metabolize soy to the more potent daidzein estrogen to equol. The FDA confirms "soybeans, genistein, daidzein and equol in their "Poisonous Plant Database."  
There is no evidence that fetus, infants and children can survive soy phyto-toxicity while proven to cause an assortment of irreversible physiological developmental damage such as: leukemia, intestinal damage, extensive reproductive damage, diabetes, hypothyroidism, etc, and neurological damage: mental retardation, autism, ADHD, seizures, etc. To all ages of people, soy is concluded to cause cancers, and cancer metastasis. Soy as an active endocrine disruptor and as all endocrine disruptors can cause an assortment of damaging health effects, particularly when exposure is during most fragile developmental time-frames.

**Comment ID:** 000619

**Submission Date:** 09/11/2009

**Organization Type:** Industry Association

**Organization Name:** Martek Biosciences

**First Name:** Rodney

**Last Name:** Gray

**Job Title:** Vice President, Regulatory Affairs

**Key Topic:** Fats, Food Safety

**Sub Topic:** Fish oil, Omega 3 fatty acids

**Attachment:** Y

**Comment:** EU recommends preformed DHA AI for Maternal Health. Please see attached letter.

# Comments Summary Report

Submission Date Between 04/24/2009 and 10/28/2009

Key Topic: Food Safety

**Comment ID:** 000597

**Submission Date:** 08/26/2009

**Organization Type:** Industry Association

**Organization Name:** BC Salmon Farmers Association and others

**First Name:** Mary Ellen

**Last Name:** Walling

**Job Title:** Executive Director

**Key Topic:** Fats, Food Safety, Protein

**Sub Topic:**

**Attachment:** Y

**Comment:** The attached comments and scientific citations address common questions about farm-raised salmon

**Comment ID:** 000677

**Submission Date:** 10/18/2009

**Organization Type:** Other

**Organization Name:** AMERICAN CITIZEN

**First Name:** JEAN

**Last Name:** PUBLIC

**Job Title:** CITIZEN

**Key Topic:** Food Safety

**Sub Topic:**

**Attachment:** N

**Comment:** IT IS TIME TO END ANIMAL ABUSE ON AGRIBUSINESS FACILITIES. AT ALL SUCH SITES, ANIMALS ARE ABUSED. EVERY SPECIE IS ABUSED. MALE CHICKSN THROWN IN THE WOODCHIPPER TO KILL THEM. CHICKS BEAKS TORN OFF BY A MACHINE SOMETIMES TAKING THEIR MOUTHS. PIGS NEVER ABLE TO LIE DOWN. DOWNER COWS FORKLIFTED, WATERBOARDED AND ELECTROSHOCKED WHEN IT IS OBVIOUS THEY ARE TOO SICK TO MOVE. AGRIBUSINESS IS UGLY. THEY NEED TO BE RESTRICTED FROM DROWNING ALL ANIMALS IN FATTENING DRUGS THAT MAKE THEM GROW IN 1/10TH THE NORMAL TIME THAT THEY USED TO TAKE TO GROW. SUCH DRUGS ARE TRANSFERRING TO PEOPLE AND MAKING THEM GROW FAT AS WELL. THE ANTIBIOTICS ARE STILL BEING USED IN ANIMALS SO THAT THEY LOSE THEIR EFFECTIVENESS AS A DRUG FOR PEOPLE. WHEN WILL AGRIBUSINESS BE REDUCED TO BEING HUMANE. WHEN WILL WE ALL STOP LETTING THEM DO THESE OUTRAGEOUS, DISGSUTING, UNHEALTHY UNSAFE THINGS TO ANIMALS. IT IS TIME NOW FOR ANIMALS TO GET HUMANE TREATMENT. IT I S TIME FOR YOUR GROUP TO INSIST ON IT SINCE IT DOES IMPACT FOOD SAFETY. ANOTHER MEAT COMPANY JUST WASTED 33,000 TONS OF MEAT BECAUSE IT WAS UNSAFE. HOW LONG ARE WE GOING TO ALLOW THESE UNSAFE PRACTICES TO CONTINUE. EACH STAGE OF FOOD PRODUCTION NEEDS CAREFUL ATTENTION. NOT THE SLAPDASH, UNSAFE, UNHEALTHY PROCESSES GOING ON AT PRESENT. STEP UP AND SPEAK OUT PLEASE.