

2025 Dietary Guidelines Advisory Committee: Meeting 1

Janet de Jesus, MS, RD
Designated Federal Officer

February 10, 2023

Agenda

- HHS and USDA leadership remarks
- Scientific Questions to be examined by the Committee
- DietaryGuidelines.gov and Opportunities for public engagement



Opening Remarks

Rachel L. Levine, MD

Assistant Secretary for Health

Admiral, U.S. Public Health Service

Office of the Assistant Secretary for Health

U.S. Department of Health and Human

Services

February 10, 2023

Opening Remarks

Stacy Dean

Deputy Under Secretary

Food, Nutrition and Consumer Services

U.S. Department of Agriculture

February 10, 2023

Proposed Scientific Questions to be Examined by the Committee

Janet de Jesus, MS, RD

Designated Federal Officer

Office of Disease Prevention and Health Promotion

Office of the Assistant Secretary for Health

U.S. Department of Health and Human Services

February 10th, 2023

Overview

- Scientific Question Identification
- Question Development Process
- Proposed Scientific Questions
- Refining and Prioritizing the Questions

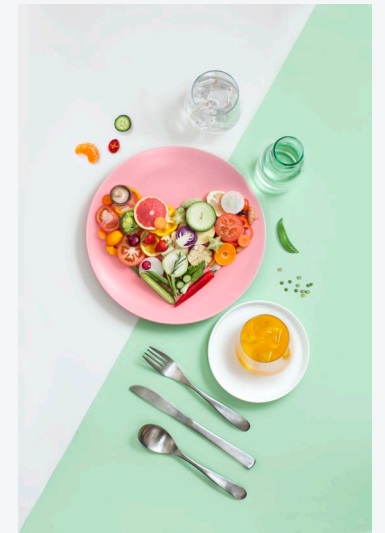


Scientific Question Identification

- HHS and USDA conducted a yearlong process to gather information, receive input from federal experts, and review relevant documents to develop scientific questions
- Departments proposed scientific questions and posted them for public comment
 - April 15–May 16, 2022—received over 1,400 public comments

Criteria:

1. Relevance
2. Importance to public health
3. Potential federal impact on food and nutrition programs
4. Avoiding duplication of federal efforts



Noted that research availability will be conducted by NESR to inform Committee prioritization.

Question Development Process

Process to Develop the 2020-2025 Dietary Guidelines for Americans

Topics and Scientific Questions to be Examined by the 2020 Dietary Guidelines Advisory Committee
List A: Organized by Life Stage

Note: For full transparency, USDA and HHS are providing the refined topics and scientific questions to the public in two formats:

- This List, List A, is organized by life stage, which follows the format of the [topics and questions posted for public comment](#). This format makes it as easy as possible for the public to see what has changed.
- List B provides the identical topics and questions, reorganized to reduce redundancy and better reflect how the Departments will ask the Committee to proceed with its scientific review. The Committee will be asked to maintain the life stages approach in its scientific report for USDA and HHS.

The 2020 Dietary Guidelines Advisory Committee will be established to review the current totality of evidence on the following topics and supporting scientific questions and, based on its review, provide independent, science-based advice on these areas related to nutrition and health from birth into older adulthood. These topics and questions were identified by USDA and HHS with consideration of public and agency comments, and were prioritized based on relevance, importance, potential Federal impact, and avoiding duplication. The Committee will limit its review and advice to dietary guidance for human nutrition on the topics and scientific questions specified by the Departments. Throughout the Committee's review, evidence will be stratified and reviewed by age, sex, race, ethnicity, culture, location, and/or socioeconomic status, when possible, to identify and describe similarities and differences that may exist among individuals.

Current dietary intake and nutrients of public health concern

- For each stage of life, the following will be described/evaluated:
 - Current dietary patterns and beverage consumption
 - Current intakes of food groups and nutrients
 - Nutrients of public health concern
 - Prevalence of nutrition-related chronic health conditions
- How does dietary intake, particularly dietary patterns, track across life stages from the introduction of foods, into childhood, and through older adulthood?

Infants and toddlers from birth to 24 months (healthy, full-term infants)

Topic	Question(s)
Recommended duration of exclusive human milk and/or infant formula feeding	What is the relationship between the duration of exclusive human milk and/or infant formula consumption and 1) growth, size, and body composition; 2) food allergies and atopic allergic diseases; 3) long-term health outcomes; 4) micronutrient status; and 5) developmental milestones, including neurocognitive development?
Frequency and volume of human milk and/or infant formula feeding	What is the relationship between the frequency and volume of human milk and/or infant formula consumption and 1) micronutrient status; and 2) growth, size, and body composition?
Dietary supplements (e.g., iron, vitamin D, vitamin B12, omega-3 fatty acids)	What is the relationship between specific nutrients from supplements and/or fortified foods consumed and 1) nutrient status; 2) growth, size, and body composition; and 3) bone health?

2020 Dietary Guidelines Advisory Committee Systematic Review Questions



PART E. FUTURE DIRECTIONS

A valuable outcome of the extensive review of scientific evidence undertaken by the Committee is a keen awareness of additional work that must be done. The Committee drafted Future Directions to highlight research recommendations that could advance knowledge in nutrition science and support future activities related to the Dietary Guidelines, both within and outside the Federal government. A number of topics require additional research or data, and these gaps in evidence should be communicated to those who fund and conduct primary research and surveillance data projects. The Committee also has insight into some of the methodological limitations and inconsistencies that pervaded the available evidence and provided suggestions to improve research design and methods and to help the research community better understand how these issues affect the confidence with which systematic review conclusions may be drawn. The Committee encourages mechanisms, including journal articles, workshops, or other approaches, to communicate the research recommendations to the audiences they target. The Committee's Future Directions described herein include support for Federal data, needs for updated Dietary Reference Intakes, and other related activities, as well as research recommendations and topics for consideration by future Committees.

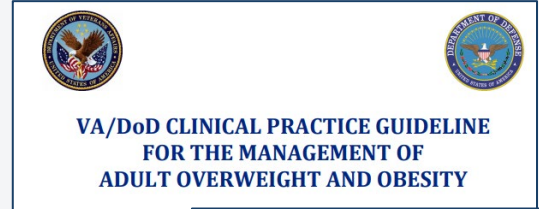
SUPPORT FOR FEDERAL DATA, DIETARY REFERENCE INTAKES, AND RELATED ACTIVITIES

Support for Federal Data

The data generated in the National Health and Nutrition Examination Survey (NHANES), including What We Eat in America (WWEIA), are essential for the development of the Committee's report. The inclusion of the age group birth to 24 months, women who are pregnant or lactating, plus the Wespap approach for the Dietary Guidelines require the availability of relevant data to adequately assess food and nutrient intake and health status for these population groups. The Committee identified several specific types of data needs:

- Ensure national surveillance systems expand diversity and sample size of underreported populations. This should include those individuals in underrepresented life stages, such as women who are pregnant or lactating and infants and children younger than age 24 months, as well as those in underrepresented populations, such as Native Americans, Pacific Islanders, and Native Hawaiians. USDA databases also should be expanded by analyzing and incorporating additional foods and beverages from diverse populations. Further, national surveillance systems should incorporate survey questions that query participants on

2020 Advisory Committee Recommendations for Future Committees



Consideration of Existing Federal Resources (examples)



Topics of Public Health Interest



NESR Continuous Evidence Monitoring and Evidence Scans

Public Comments

- HHS and USDA accepted written public comments on the scientific questions from April 15 – May 16, 2022
- 1,443 submissions were received
 - 674 unique submissions
 - 4 form letter campaigns (747 submissions)
- Common submission topics:
 - Health equity
 - Policy, systems, and environmental strategies
 - Ultra-processed foods
 - Alcoholic beverages
 - Sustainability
 - Low-carbohydrate diet



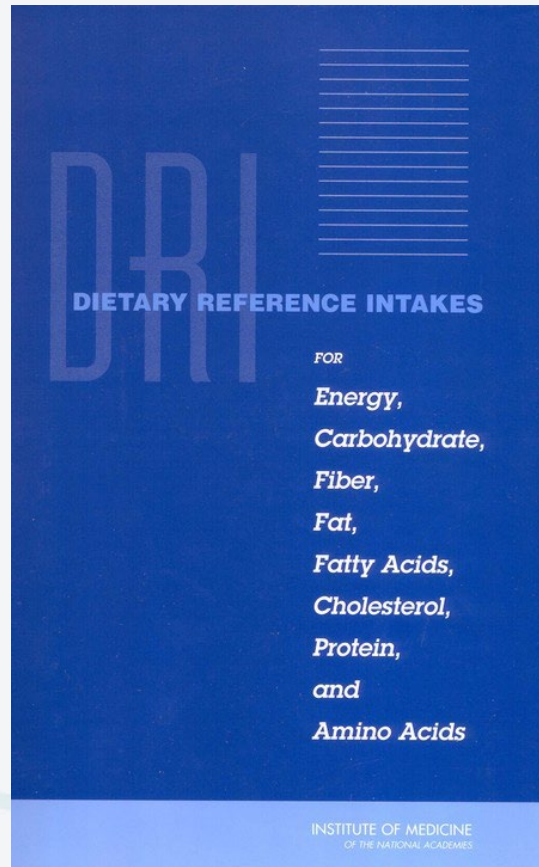
Federal Expert Review and Input on Scientific Scope

- Interagency Committee on Human Nutrition Research (ICHNR), Dietary Guidance Subcommittee
- Expert group on overweight and obesity
- NIH Nutrition and Health Disparities Implementation Working Group
- Federal Data Analysis Team
- CNPP/ODPHP staff who provide continuous support to *Dietary Guidelines* development and implementation, NESR staff, and food pattern modeling staff

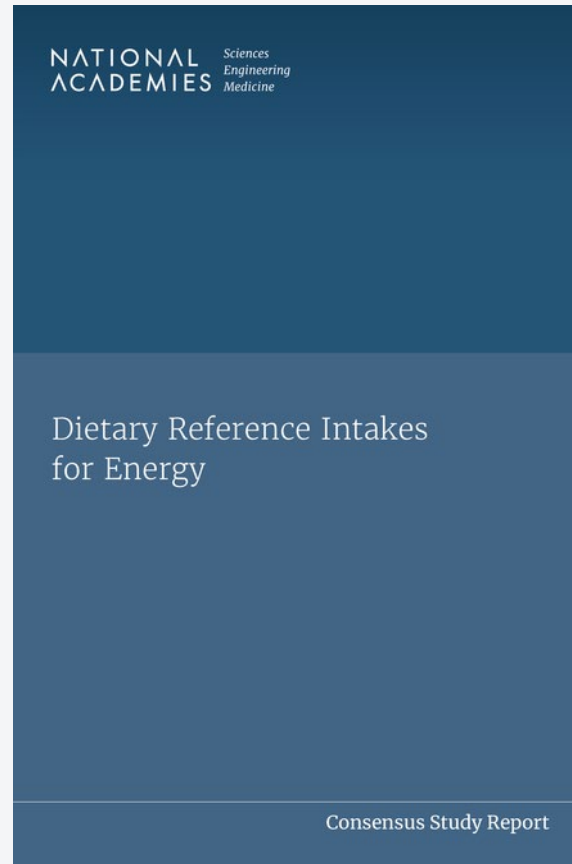


Dietary Guidelines integrate DRIs for nutrients

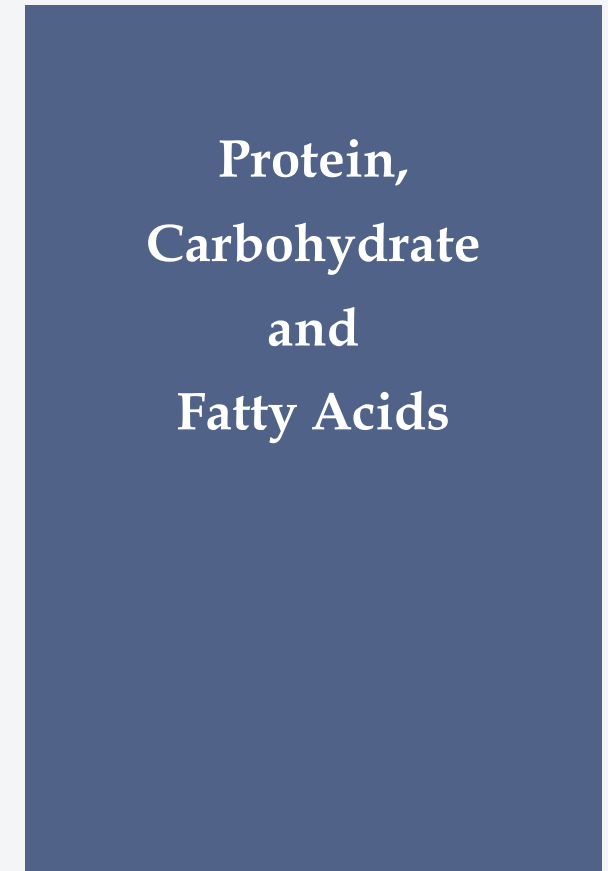
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2023



Upcoming reviews



Proposed Scientific Questions



Scientific Topics

- Dietary patterns
- Ultra-processed foods
- Beverages
- Added sugars
- Saturated fat
- Behavioral strategies
- Weight management



Health Outcomes

- Overweight and obesity
- Cardiovascular disease
- Type 2 diabetes
- Cancer
- Neurocognitive health
- Sarcopenia
- Bone health
- All-cause mortality
- Pregnancy and infant health outcomes



Approaches

- Systematic Reviews
- Data Analysis
- Food pattern modeling

Proposed Scientific Questions

Systematic Reviews

Dietary Patterns Across Life Stages

Specific Dietary Pattern Components

- Complementary Foods and Beverages
- Beverages
- Ultra-Processed Foods
- Food sources of added Sugars
- Food sources of saturated Fat

Strategies for Individuals and Families Related to Diet Quality & Weight Management

Food Pattern Modeling

Changes to USA Dietary Patterns

Based on:

- Findings from systematic reviews, data analysis, and/or food pattern modeling analyses
- Population norms ,preferences, or needs of the diverse individuals and cultural foodways within the U.S. population

Data Analysis

For each stage of life, the following will be described/evaluated:

- Current dietary patterns and beverage consumption
- Current intake of food groups and nutrients
- Nutrients of public health concern
- Prevalence of nutrition-related chronic health conditions

Dietary Patterns Across Life Stages



- What is the relationship between dietary patterns consumed and:
 1. growth, size, body composition, and risk of overweight and obesity, and weight loss and maintenance?
 2. risk of cardiovascular disease?
 3. risk of type 2 diabetes?
 4. risk of certain types of cancer (breast, colorectal, prostate)?
 5. risk of cognitive decline, mild cognitive impairment, dementia, and Alzheimer's disease?
 6. risk of sarcopenia?
 7. bone health?
 8. all-cause mortality?
- What is the relationship between consumption of dietary patterns with varying amounts of ultra-processed foods and growth, size, body composition, risk of overweight and obesity, and weight loss and maintenance?



Dietary Patterns: Pregnancy and Lactation



- What is the relationship between dietary patterns consumed during pregnancy and:
 - risk of gestational diabetes?
 - risk of hypertensive disorders during pregnancy?
 - gestational age at birth?
 - birth weight standardized for gestational age and sex?
- What is the relationship between dietary patterns consumed before and during pregnancy and lactation and developmental milestones, including neurocognitive development, in the child?



Specific Dietary Pattern Components



Complementary Foods and Beverages

- What is the relationship between 1) timing of introduction, and 2) types and amounts of complementary foods and beverages and:
 - growth, size, body composition, and risk of overweight and obesity?
 - iron and zinc status?



Beverages

- What is the relationship between beverage consumption (beverage patterns, dairy milk and milk alternatives, 100% juice, low- or no-calorie sweetened beverages, sugar-sweetened beverages, coffee, tea, water) and:
 - growth, size, body composition, risk of overweight and obesity, and weight loss and maintenance?
 - risk of type 2 diabetes?



Specific Dietary Pattern Components



Added Sugars

- What is the relationship between food sources of added sugars consumed and:
 - growth, size, body composition, risk of overweight and obesity, and weight loss and maintenance?
 - risk of type 2 diabetes?



Saturated Fat

- What is the relationship between food sources of saturated fat consumed and risk of cardiovascular disease?

Strategies for Individuals and Families Related to Diet Quality & Weight Management



- What is the relationship between repeated exposure to foods and food acceptability?
- What is the relationship between parental and caregiver feeding practices during childhood and adolescence and:
 - growth, size, body composition, and risk of overweight and obesity?
 - consuming a dietary pattern that is more aligned with the *Dietary Guidelines for Americans*?



Strategies for Individuals and Families Related to Diet Quality & Weight Management



- What is the relationship between timing of eating occasions (e.g., eating breakfast, limiting eating late in the day, snacking, intermittent fasting, time-restricted eating) and:
 - growth, size, body composition, risk of overweight and obesity, and weight loss and maintenance?
 - consuming a dietary pattern that is more aligned with the *Dietary Guidelines for Americans*?
- What is the relationship between specific food-based strategies during adulthood and body composition, risk of overweight and obesity, and weight loss and maintenance?



- Considering each life stage, should changes be made to the USDA Dietary Patterns (Healthy U.S.-Style, Healthy Mediterranean-Style, and/or Healthy Vegetarian), and should additional Dietary Patterns be developed/proposed based on:
 - Findings from systematic reviews, data analysis, and/or food pattern modeling analyses
 - Population norms (e.g., starchy vegetables are often consumed interchangeably with grains), preferences (e.g., emphasis on one staple grain versus another), or needs (e.g., lactose intolerance) of the diverse individuals and cultural foodways within the U.S. population?



For each stage of life, the following questions will be addressed:

1. What are the current patterns of food and beverage consumption?



2. What are the current intakes of food groups and nutrients?



3. Which nutrients present a substantial public health concern?



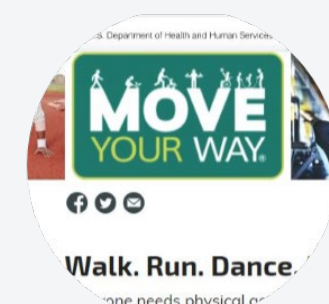
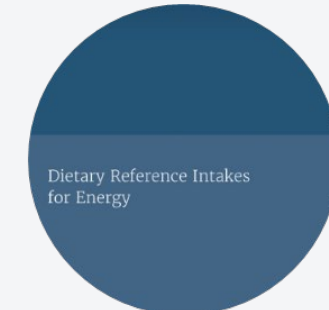
4. What is the current prevalence of nutrition-related chronic health conditions?



Existing Evidence-Based Federal Guidance

Topics that do not require formal review by the Committee. These include but are not limited to:

- Healthy Food Environments
- Oral Health
- Food safety
- Specific Nutrient Recommendations
- Human milk, infant formula, and health outcomes
- Seafood
- Eating Disorders
- Physical Activity



Refining the Scientific Questions

- Committee will refine and prioritize the scientific questions throughout its work
- Revision and prioritization will consider the following:

- Relevance
- Importance
- Potential Impact to federal programs
- Avoiding Duplication
- Research Availability



- Updates to the scientific questions will be discussed during Committee meetings

Thank you



DietaryGuidelines.gov and Opportunities for Public Engagement

Dennis Anderson-Villaluz, MBA, RD, LDN, FAND

Lieutenant Commander, U.S. Public Health Service

Nutrition Advisor

Office of Disease Prevention and Health Promotion,

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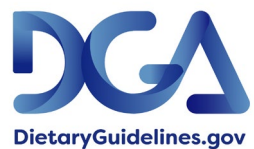
U.S. Department of Health and Human Services

Friday, February 10, 2023

DietaryGuidelines.gov



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Meeting 1 Registration is Now Open!

[Register now](#) to attend the first meeting of the 2025 Dietary Guidelines Advisory Committee virtually on February 9-10, 2023.

Check out the 2020-2025 Edition!

Make Every Bite Count with the *Dietary Guidelines*!

[Download PDF](#)



Welcome the 2025 Dietary Guidelines Advisory Committee

Learn more about the role of the Committee.



Step 3: Advisory Committee Reviews Scientific Evidence

Learn more about the role of the Committee.

WORK UNDER WAY

Learn About the Process

[Identify the Scientific Questions](#)

[Appoint the Advisory Committee](#)

[Advisory Committee Reviews Scientific Evidence](#)

[Develop the Dietary Guidelines for Americans, 2025-2030](#)

[Implement the Dietary Guidelines for Americans, 2025-2030](#)

2025 Advisory Committee

[About the Committee](#)

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Learn About the Process

Dietary Guidelines for Americans, 2025-2030 Development Process

Updating the *Dietary Guidelines for Americans* (*Dietary Guidelines*) is a scientifically rigorous, multi-year process. The U.S. Departments of Health and Human Services (HHS) and Agriculture (USDA) are committed to providing clear information to the public and providing opportunities for public participation during the process.

This is a 5-Step Process



Step 3: Advisory Committee Reviews Scientific Evidence

The 2025 Dietary Guidelines Advisory Committee will begin to review the body of scientific evidence on nutrition and health from birth through older adulthood at its first meeting. Throughout the Committee's work, the public is encouraged to participate in public meetings and provide



5-Step Process

3 Advisory Committee Reviews Scientific Evidence

2025 Dietary Guidelines Advisory Committee

1 Identify the Scientific Questions

- Reviews the scientific evidence on nutrition and

WORK UNDER WAY

Learn About the Process

[Identify the Scientific Questions](#)

[Appoint the Advisory Committee](#)

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About the Committee

On January 19, 2023, the Departments of Health and Human Services (HHS) and Agriculture (USDA) announced the appointment of 20 nationally recognized nutrition and public health experts to serve on the 2025 Dietary Guidelines Advisory Committee (Committee). The Committee is tasked with reviewing the current body of nutrition science on specific topics and questions and developing a scientific report that includes its independent, science-based advice for HHS and USDA to consider. The Committee's review, along with public comments on its scientific report and agency input, will help inform HHS and USDA as they develop the *Dietary Guidelines for Americans, 2025-2030*. Throughout the Committee's term, members will collaborate during public and subcommittee meetings, participate in the development of evidence review protocols, review and synthesize evidence, present scientific findings, consider public comments, and develop and submit the scientific report. To learn more about the Committee's purpose, duties, and general operations, review the [Committee's charter](#).

2025 Advisory Committee Members

The 2025 Committee will examine the relationship between diet and health across all life stages, and will use a health equity lens across its evidence review to ensure factors such as socioeconomic status, race, ethnicity, and culture are described and considered to the greatest extent possible based on the information provided in the scientific literature and data. This will help HHS and USDA ensure that the resulting guidance in the *Dietary Guidelines* is relevant to people with diverse racial, ethnic, socioeconomic, and cultural backgrounds. To aid in this process, the Committee members have substantial health equity expertise in human nutrition and experience conducting research with diverse populations. Learn more about how [HHS and USDA established the Committee](#).

WORK UNDER WAY

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Get Involved!

There are multiple opportunities for public participation before, during, and after the Committee's review of the evidence.



Ways to participate include:

- Provide [public comments](#).
- Attend virtual [Committee meetings](#).
- [Sign up](#) for regular updates to stay informed on each step of the process.
- Visit [DietaryGuidelines.gov](#) to stay updated.

Submitting Public Comments

The public comment period opens on January 19, 2023, and will remain open throughout the Committee's work to allow for public comment on the Committee's scientific review throughout the entire process. The public is encouraged to submit written comments to the Committee on topics relevant to its work. Comments to the Committee can be submitted electronically (preferred) or through postal mail.

About

- Provides general information about the Dietary Guidelines including:
 - Who's Involved
 - The History
 - Previous Editions

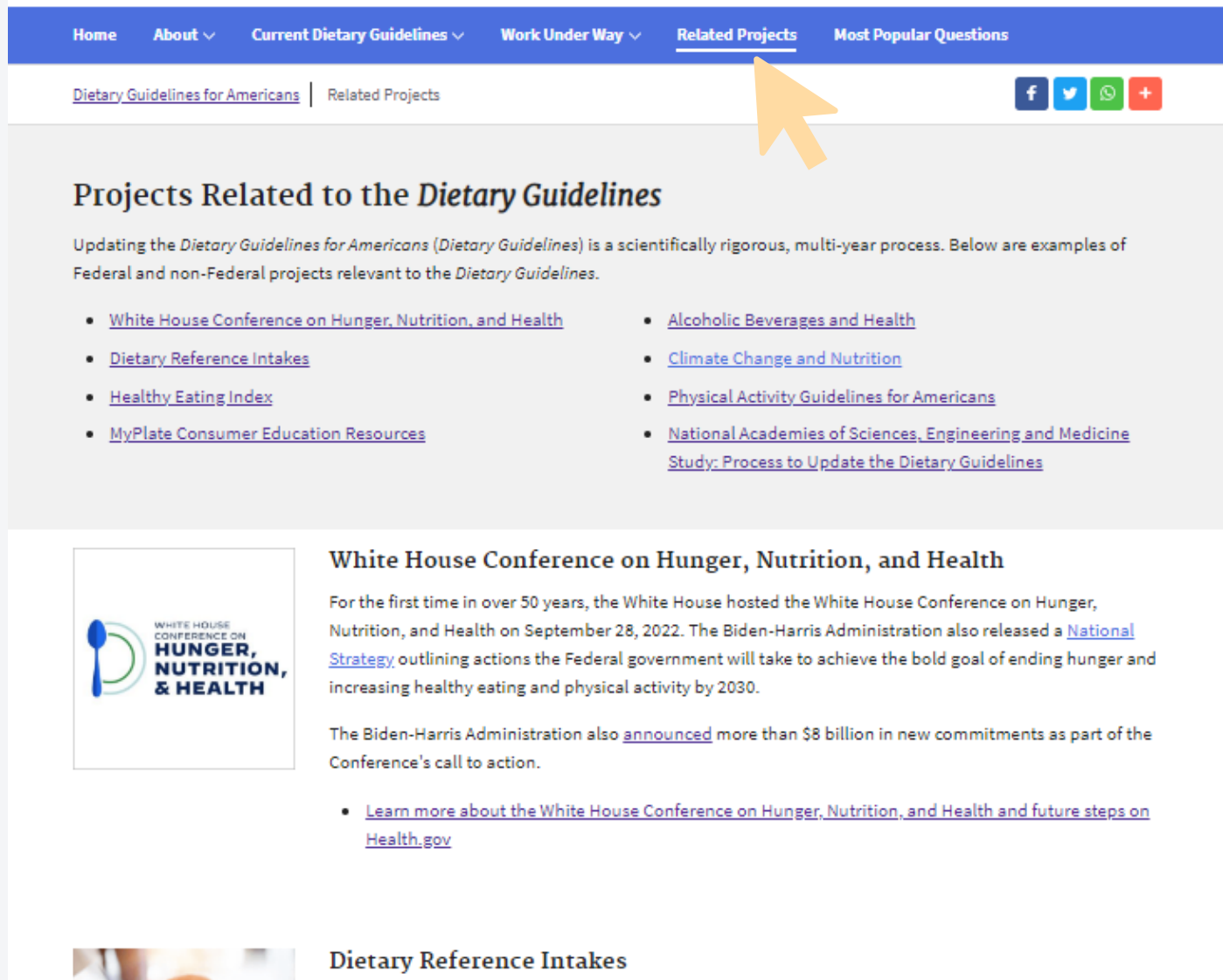
The screenshot shows the 'About' page of the Dietary Guidelines for Americans website. At the top, there is a blue navigation bar with links for Home, About (with a dropdown arrow), Current Dietary Guidelines (with a dropdown arrow), Work Under Way (with a dropdown arrow), Related Projects, and Most Popular Questions. Below the navigation bar is a large banner image of hands holding fresh produce, with the word 'About' in white text and a yellow mouse cursor pointing to it. Underneath the banner, there are social media icons for Facebook, Twitter, and WhatsApp, along with a plus sign for more options. The main content area features three sections, each with a small image, a title, a paragraph of text, and a 'Learn more' button:

- Purpose of the *Dietary Guidelines***
What we eat and drink is important at every stage of life, and it is never too early or too late to eat healthfully. The purpose of the *Dietary Guidelines for Americans* is to provide advice on what to eat and drink to build a healthy diet that can promote healthy growth and development, help prevent diet-related chronic disease, and meet nutrient needs.
- Who's Involved in Updating the *Dietary Guidelines***
USDA and HHS are responsible for updating and releasing the *Dietary Guidelines*. This includes oversight of the Advisory Committee, providing opportunities for public input, and developing and coordinating clearance of the *Dietary Guidelines* throughout each Department.
- History of the *Dietary Guidelines***
The Federal government has provided advice on what to eat and drink for more than 100 years. Since 1990, the Secretaries of Agriculture and Health and Human Services are required by law to publish the *Dietary Guidelines for Americans* every five years. The nature of dietary guidance, providing advice on foods and nutrients to eat more or less of, has remained relatively consistent, however the specific messages have changed as the process used to create the *Dietary Guidelines* has evolved as nutrition science has progressed and the methods used to review the science have advanced. The *Dietary Guidelines* serves as the cornerstone of Federal food and nutrition guidance.

At the bottom of the page, there is a section titled 'Previous Editions of the *Dietary Guidelines for Americans*' with a small image of a book cover and the beginning of a paragraph: 'The *Dietary Guidelines for Americans* has been released by the Departments of Agriculture and Health and

Related Projects

- Examples of Federal and non-Federal projects relevant to the *Dietary Guidelines*.



The screenshot shows the website's navigation bar with 'Related Projects' highlighted by a mouse cursor. Below the navigation bar, the page title is 'Dietary Guidelines for Americans | Related Projects'. The main content area is titled 'Projects Related to the *Dietary Guidelines*' and includes an introductory paragraph and a list of project links.

Projects Related to the *Dietary Guidelines*

Updating the *Dietary Guidelines for Americans (Dietary Guidelines)* is a scientifically rigorous, multi-year process. Below are examples of Federal and non-Federal projects relevant to the *Dietary Guidelines*.

- [White House Conference on Hunger, Nutrition, and Health](#)
- [Alcoholic Beverages and Health](#)
- [Dietary Reference Intakes](#)
- [Climate Change and Nutrition](#)
- [Healthy Eating Index](#)
- [Physical Activity Guidelines for Americans](#)
- [MyPlate Consumer Education Resources](#)
- [National Academies of Sciences, Engineering and Medicine Study: Process to Update the Dietary Guidelines](#)

White House Conference on Hunger, Nutrition, and Health

For the first time in over 50 years, the White House hosted the White House Conference on Hunger, Nutrition, and Health on September 28, 2022. The Biden-Harris Administration also released a [National Strategy](#) outlining actions the Federal government will take to achieve the bold goal of ending hunger and increasing healthy eating and physical activity by 2030.

The Biden-Harris Administration also [announced](#) more than \$8 billion in new commitments as part of the Conference's call to action.

- [Learn more about the White House Conference on Hunger, Nutrition, and Health and future steps on Health.gov](#)

Dietary Reference Intakes

Most Popular Questions

- Provides you with answers to pressing questions you may have about the *Dietary Guidelines*.
 - General Questions
 - Work Underway Questions
 - Current Edition Questions

Home About Current Dietary Guidelines Work Under Way Related Projects Most Popular Questions

Have a specific question?

Click on the sections below to find answers.

General Questions

- [Dietary Guidelines for Americans](#)

Work Underway Questions

- [Process for the Dietary Guidelines for Americans, 2025-2030](#)
- [2025 Dietary Guidelines Advisory Committee](#)
- [Scientific Questions for the Dietary Guidelines for Americans, 2025-2030](#)

Current Edition Questions

- [General Information for the Dietary Guidelines for Americans, 2020-2025](#)
- [Select Topics for the Dietary Guidelines for Americans, 2020-2025](#)

General Questions

Dietary Guidelines for Americans

Q: What is the Dietary Guidelines for Americans?

A: The *Dietary Guidelines for Americans* is the cornerstone of Federal nutrition policy and nutrition education activities, providing food-based recommendations to promote health, help prevent diet-related disease, and meet nutrient needs. HHS and USDA jointly publish the *Dietary Guidelines* every 5 years.

Opportunities for Public Participation

*Before, throughout and after
the Committee's review of the
evidence.*



Before the Committee was Established

Two key opportunities for public input:

- **Scientific Questions:** The U.S. Departments of Health and Human Services (HHS) and Agriculture (USDA) developed and asked for public comments on the proposed scientific questions.
 - Received over 1,400 comments from April 15-May 16, 2022.
- **Committee nominations:** All nominations to the Committee were from the public; HHS and USDA accepted nominations from June 15-July 15, 2022.

2022

April 15 – May 16

- Scientific questions for public comment

June 15 – July 15

- 2025 Dietary Guidelines Advisory Committee nominations

Step 1: Identify Scientific Questions

Step 2: Appoint the Committee

Opportunities to Get Involved Throughout the Committee's Work

- **Six** Committee meetings open to the public virtually.
- **Meeting Three** will include an opportunity for oral comments
- **2023-2024 Meeting Dates:**
 - Meeting 1: February 9-10, 2023
 - Meeting 2: May 10, 2023
 - Meeting 3: October 2023
 - Meeting 4: January 25, 2024
 - Meeting 5: May 30, 2024
 - Meeting 6: September 26, 2024



2025 DIETARY GUIDELINES ADVISORY COMMITTEE

Get Involved

Attend the 2025 Dietary Guidelines Advisory Committee meetings online



Public Comments

- **Public Comments to the Committee are welcomed throughout the Committee's work**
 - On January 19, 2023, a Federal Register Notice opened public comments and will remain open through the course of the Committee operations into 2024.
 - Federal staff will support the Committee by grouping public comments by topic area and summarizing comments.
 - Original comments are available to both Committee members and the public to review on Regulations.gov

A graphic with a dark blue background and a light blue bottom section. In the top left corner is the DGA logo (DietaryGuidelines.gov). The main text reads "We want to HEAR from YOU" in white, with "HEAR" in all caps. To the right of the text are two stylized human figures, one light blue and one orange. Below this, in the light blue section, it says "Submit public comments to the 2025 Dietary Guidelines Advisory Committee!" in black text.

DGA
DietaryGuidelines.gov

**We want
to HEAR
from YOU**

Submit public
comments to the
**2025 Dietary Guidelines
Advisory Committee!**

Ways to Get Involved

- **Attend Advisory Committee Meetings Online**
 - Register for meetings
 - See materials from past meetings, including archived webcasts, meeting minutes, slides, and handouts
- **Provide Public Comments**
 - Go to Regulations.gov to submit and view written comments to the Committee
- **View Progress**
 - Visit DietaryGuidelines.gov to follow the process of the scientific questions and more.
- **Stay Involved**
 - Sign up for email updates to ensure that you have the latest information throughout the process

DGA | 2025 DIETARY GUIDELINES ADVISORY COMMITTEE
DietaryGuidelines.gov

Ways to Get Involved

- Attend Advisory Committee meetings online
- Sign up for email updates
- Provide public comments
- Visit DietaryGuidelines.gov to learn more

Thank you!



DietaryGuidelines.gov

2025 Dietary Guidelines Advisory Committee: Meeting 1

Janet de Jesus, MS, RD

February 10, 2023