

## **APPENDIX F-3: BIOGRAPHICAL SKETCHES OF THE 2020 DIETARY GUIDELINES ADVISORY COMMITTEE**

*Below is brief biographical information for each member of the 2020 Dietary Guidelines Advisory Committee as it relates to the Committee's scope and charge.*

**Chair: Barbara Schneeman, PhD:** Dr. Schneeman served as the Chair of the 2020 Dietary Guidelines Advisory Committee, as well as Chair/Vice Chair Representative on the Dietary Patterns, Beverages and Added Sugars, and Dietary Fats and Seafood Subcommittees and the Data Analysis and Food Pattern Modeling Cross-Cutting Working Group. She provided expertise in dietary patterns, beverages, and types of dietary fat among infants and toddlers and adults. Dr. Schneeman is Professor Emeritus at the University of California, Davis, and former Director of the Office of Nutrition, Labeling, and Dietary Supplements at the U.S. Food and Drug Administration's Center for Food Safety and Applied Nutrition. Her research has focused on outcomes of public health importance, cardiovascular disease, overall health, and other outcomes of public health importance. Dr. Schneeman is a member of the World Health Organization's Nutrition Guidance Expert Advisory Group subgroup on Nutrition and Health. She was on the National Academy of Sciences, Engineering, and Medicine's Committee to Review the Process to Update the *Dietary Guidelines for Americans* and a member of the 1990 and 1995 Dietary Guidelines Advisory Committees.

**Vice Chair: Ronald Kleinman, MD:** Dr. Kleinman served as Vice Chair of the 2020 Dietary Guidelines Advisory Committee, as well as the Chair/Vice Chair representative on the Pregnancy and Lactation, Birth to 24 Months, and Frequency of Eating Subcommittees. He provided expertise in current dietary intake and nutrients of concern, beverages, and frequency of eating among infants and toddlers, young children, women who are pregnant or lactating. Dr. Kleinman is the Charles Wilder Professor of Pediatrics at Harvard Medical School and a pediatrician at Massachusetts General Hospital, where he serves as Physician-in-Chief and Chair of the hospital's Department of Pediatrics. His research has focused on nutrition adequacy, growth and development, and other outcomes of public health importance. Dr. Kleinman was chair of the NIH Workshop Planning Committee for Dietary Guidelines Birth to 24 Months, and is a founding member and past president of the International Society for Behavioral Nutrition and Physical Activity.

**Jamy Ard, MD:** Dr. Ard was a member of the 2020 Advisory Committee's Dietary Patterns Subcommittee and the Data Analysis and Food Pattern Modeling Cross-Cutting Working Group. He provided expertise in dietary patterns, beverages, and types of dietary fats across childhood, adolescence, and adulthood. Dr. Ard is Professor of General Internal Medicine and of Epidemiology and Prevention at Wake Forest School of Medicine, Medical Director at Wake Forest Baptist Medical Center, and Director of Participant Clinical Interaction at Wake Forest School of Medicine. His research has focused on cardiovascular disease and obesity. Dr. Ard served as a member of National Academies of Sciences, Engineering, and Medicine committees on the process to establish the *Dietary Guidelines* and on consequences of sodium reduction in populations, and as a member of the NIH Expert Panel on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults.

**Regan Bailey, PhD, MPH, RD:** Dr. Bailey was the chair of the Data Analysis and Food Pattern Modeling Cross-Cutting Working Group and a member of the Dietary Fats and Seafood Subcommittee. She provided expertise in nutrients of concern and nutrition data analysis. Dr. Bailey is an Associate Professor at Purdue University and Director of the Purdue Nutrition Assessment Center. She has conducted research to improve the methods of measuring nutritional status to optimize health. Dr. Bailey's research focuses on efforts to understand how to use dietary intakes, dietary patterns, and biomarkers of nutritional status to assess how dietary exposure relate to human health across the lifespan. Previously, Dr. Bailey was a nutrition epidemiologist at the Office of Dietary Supplements at the National Institutes of Health.

**Lydia Bazzano, MD, PhD:** Dr. Bazzano was a member of the Dietary Patterns and the Birth to 24 Months Subcommittees. She provided expertise is dietary patterns, nutrients of concern, and beverages. Dr. Bazzano is a Lunda B. and H. Leighton Steward Professor in Nutrition Research at Tulane University, Director of Tulane's Center for Lifespan Epidemiology Research, and Staff Physician at the Ochsner Medical Center. She has conducted clinical research with a focus on cardiovascular disease and its risk factors, with an emphasis on the role of cardiometabolic factors, including diet, obesity, lipids, and blood glucose over the lifespan. Dr. Bazzano leads trials on behavioral interventions, including diet, to improve weight and cardio-metabolic risk factors and oversees a longstanding cohort study on cardiovascular disease epidemiology.

**Carol Boushey, PhD, MPH, RD:** Dr. Boushey was the chair of the Dietary Patterns Subcommittee and a member of the Frequency of Eating Subcommittee. She provided expertise in dietary patterns and frequency of eating across childhood, adolescence, and adulthood. Dr. Boushey is a member of the graduate faculty at the University of Hawaii at Manoa's Department of Human Nutrition, Food, and Animal Sciences and is an Associate Research Professor at the University of Hawaii Cancer Center and Director of the Center's Nutrition Support Shared Resource. She also is an Adjunct Professor at Purdue University's Department of Nutrition Science. Dr. Boushey's research focuses on relationships between diet and disease, specifically cancer and obesity. She is a member of the Dietary Patterns Methods Project, initiated by the National Cancer Institute. Dr. Boushey served as a member of National Academies of Sciences, Engineering, and Medicine committee on the process to establish the *Dietary Guidelines*.

**Teresa Davis, PhD:** Dr. Davis was a member of the Birth to 24 Months Subcommittee and the Data Analysis and Food Pattern Modeling Cross-Cutting Working Group. She provided expertise in dietary intakes and nutrients of concern. Dr. Davis is a Professor at Baylor College of Medicine's Department of Pediatrics and Associate Director of Baylor's Children's Nutrition Research Center Postdoctoral Fellowship Program. She also is an Adjunct Professor at Texas A&M University's Department of Nutrition and Food Science, as well as its Department of Animal Science. Her work has focused on basic and transitional research related to child growth and development, specifically protein synthesis and muscle growth in infants and toddlers from birth to 24 months. Dr. Davis is a past president of the American Society for Nutrition, current editor-in-chief of *The Journal of Nutrition* and past guest scientific editor for the *American Journal of Clinical Nutrition*.

**Kathryn Dewey, PhD:** Dr. Dewey was the chair of the Birth to 24 Months Subcommittee and a member of the Pregnancy and Lactation Subcommittee. She provided expertise in current dietary intake and nutrients of concern among infants and toddlers and women who are pregnant or lactating. Dr. Dewey is a Distinguished Professor Emerita at the University of California, Davis and previous Director of the university's Program in International and Community Nutrition. Her research has included the evaluation of interventions to improve nutrition of women who are pregnant or lactating and infants and young children in vulnerable populations. Dr. Dewey has studied iron status of infants and young children, lactation success and breastfeeding difficulties and the influence of feeding practices on infant intake, growth and Scientific Report of the 2020 Dietary Guidelines Advisory Committee

body composition, and subsequent risk of child overweight. She served on a technical expert collaborative of the USDA/HHS Pregnancy and Birth to 24 Months Project. Dr. Dewey is a past president of the Society for International Nutrition Research and of the International Society for Research on Human Milk and Lactation.

**Sharon Donovan, PhD, RD:** Dr. Donovan was the chair of the Pregnancy and Lactation Subcommittee and a member of the Birth to 24 Months Subcommittee. She provided expertise in current dietary intake and nutrients of concern among women who are pregnant or lactating and infants, toddlers, and young children. She also provided expertise in human milk composition and lactation. Dr. Donovan is Melissa M. Noel Endowed Chair of Diet and Health and Professor of Nutrition at the Department of Food Science and Human Nutrition at the University of Illinois at Urbana-Champaign. She also is an Adjunct Professor in the Department of Pediatrics the University of Illinois' College of Medicine. Her research has focused on pediatric nutrition and the importance for growth, development and long-term functional outcomes, such as cognition and immune response. Dr. Donovan is a past president of the American Society for Nutrition and of the International Society for Research on Human Milk and Lactation.

**Steven Heymsfield, MD:** Dr. Heymsfield was the chair of the Frequency of Eating Subcommittee and a member of the Dietary Patterns Subcommittee. He provided expertise in energy metabolism, body composition, and obesity. Dr. Heymsfield is Professor of Nutrition at Louisiana State University and Director of the Metabolism and Body Composition Laboratory at the university's Pennington Biomedical Research Center. His research has focused on human obesity, including energy balance regulation, weight loss treatments, co-morbidity effects, and development of related mathematical models. He also has interest in the development of methods for evaluating body composition and application of new technologies to study human metabolism. Dr. Heymsfield is a past president of The Obesity Society, the American Society of Clinical Nutrition, and the American Society of Parenteral and Enteral Nutrition.

**Heather Leidy, PhD:** Dr. Leidy was a member of the Frequency of Eating and the Beverages and Added Sugars Subcommittees. She provided expertise in frequency of eating and beverage intake among adolescents and adults. Dr. Leidy is an Associate Professor at the University of Texas at Austin in the Department of Nutritional Sciences and the Department of Pediatrics through the Dell Medical School. She conducted research on the effects of dietary protein, Scientific Report of the 2020 Dietary Guidelines Advisory Committee

especially at breakfast, on satiety, healthy eating behavior, glycemic control, and weight management in young people. She is the current director of Research Interest Sections for the American Society of Nutrition. Formerly she served as an Associate Professor in the Department of Nutrition Sciences at Purdue University.

**Richard Mattes, PhD, MPH, RD:** Dr. Mattes was a member of the Frequency of Eating and the Beverages and Added Sugars Subcommittees. He provided expertise in frequency of eating and beverage intake among adults. Dr. Mattes is Distinguished Professor of Nutrition Science at Purdue University, as well as Director of the university's Ingestive Behavior Research Center. He also is Adjunct Associate Professor of Medicine at the Indiana University School of Medicine and an Affiliated Scientist at the Monell Chemical Senses Center. His research has focused on understanding the numerous influences on human ingestive behavior, nutrient utilization, and energy balance in healthy and clinical populations. Dr. Mattes' research also explores the role of various properties of foods and beverages, as well as human characteristics, on eating behavior and health outcomes. He is the current president of the American Society for Nutrition.

**Elizabeth Mayer-Davis, PhD, RD:** Dr. Mayer-Davis was the chair of the Beverages and Added Sugars Subcommittee and a member of the Dietary Patterns Subcommittee. She provided expertise in dietary patterns and beverage intake among children and adults, including women who are pregnant or lactating. Dr. Mayer-Davis is the Cary C. Boshamer Distinguished Professor of Nutrition and Medicine and Chair of Nutrition at the School of Public Health and School of Medicine of the University of North Carolina (UNC) at Chapel Hill, where she also is Professor of Medicine. She also is an Adjunct Professor at the University of South Carolina's Arnold School of Public Health's Department of Epidemiology and Biostatistics and co-director of the UNC Nutrition Obesity Research Center. Her research has focused on diabetes and the ways in which nutrition can affect the risk of developing diabetes and the risk of type 1 and type 2 diabetes complications.

**Timothy Naimi, MD, MPH:** Dr. Naimi was a member of the Beverages and Added Sugars Subcommittee and the Data Analysis and Food Pattern Modeling Cross-Cutting Working Group. He provided expertise in beverages, particularly alcoholic beverage intake among adults. Dr. Naimi is a Professor in Boston University School of Medicine's Departments of Medicine and Pediatrics, as well as a Professor in Boston University School of Public Health's Department of Community Health Sciences. He also is a faculty member of Boston Medical Center's Injury Scientific Report of the 2020 Dietary Guidelines Advisory Committee

Prevention Center, a clinician-investigator at the center's Section of General Internal Medicine, and a staff physician at the Codman Square Health Center. His research has focused on alcohol and health. Dr. Naimi is on the National Academies of Sciences, Engineering, and Medicine's Committee on Accelerating Progress to Reduce Alcohol-Impaired Driving Fatalities.

**Rachel Novotny, PhD, RDN, LD:** Dr. Novotny was a member of the Pregnancy and Lactation and the Beverages and Added Sugars Subcommittees. She provided expertise in dietary patterns, beverages, and added sugars across childhood, adolescence, and adulthood. Dr. Novotny is a Professor in the Department of Human Nutrition, Food, and Animal Science at the University of Hawaii at Manoa College of Tropical Agriculture and Human Resources and Professor in the Population Sciences in the Pacific Program at the University of Hawaii Cancer Center. Her research has focused on ethnic differences in diet, physical activity and body size and composition, especially patterns of growth and development. Dr. Novotny's work examines undernutrition and overnutrition and related health risks, including blood pressure, cancer, bone health, obesity, and diabetes. Her research has also examined dietary patterns of underserved populations, especially among Hispanics in their native countries, and Native Alaskans, Native Hawaiians, and Pacific Islanders.

**Joan Sabaté, MD, DrPH:** Dr. Sabaté was a member of the Dietary Patterns and the Dietary Fats and Seafood Subcommittees. He provided expertise in dietary patterns, dietary fats, and seafood among adults. Dr. Sabaté is Executive Director of the Center for Nutrition, Lifestyle and Disease Prevention in Loma Linda University's School of Public Health. He also is a Professor at the University's School of Public Health and its School of Medicine. His research has focused on the effect of plant-based diets and foods on growth and development, lipids, cardiovascular disease, and cognition. Dr. Sabaté is an investigator on epidemiological studies examining dietary intake with health outcomes among a large cohort of vegetarians. He directs an environmental research program and explores interrelationship between environmental and health impacts of food choices.

**Linda Snetselaar, PhD, RDN:** Dr. Snetselaar was the chair of the Dietary Fats and Seafood Subcommittee and a member of the Dietary Patterns Subcommittee. She provided expertise in dietary patterns and types of dietary fats across childhood, adolescence, and adulthood. Dr. Snetselaar is Director of the Nutrition Center in the Department of Internal Medicine at the University of Iowa's College of Medicine, where she also is a Professor in the Division of Scientific Report of the 2020 Dietary Guidelines Advisory Committee

Endocrinology. She also is Co-Director of the Prevention Intervention Center at the university's School of Public Health and is Professor and Endowed Chair in Preventive Nutrition Education. Dr. Snetselaar's research examines the relationships between diet and cardiovascular disease, neurocognitive health, diabetes, and cancer with an emphasis on dietary patterns and public health community-based research. She serves as editor-in-chief of the *Journal of the Academy of Nutrition and Dietetics*.

**Jamie Stang, PhD, MPH, RD:** Dr. Stang was a member of the Pregnancy and Lactation Subcommittee and the Data Analysis and Food Pattern Modeling Cross-Cutting Working Group. She provided expertise in dietary intake during pregnancy. Dr. Stang is Chair of the Public Health Nutrition Program at the University of Minnesota School of Public Health's Division of Epidemiology and Community Health, where she is an Associate Professor. She also is Director of the University's Center for Excellence in Maternal and Child Health Education, Science and Practice. Her research has focused on nutrition and weight status in pregnancy, child and adolescent nutrition, behavioral counseling in child obesity, and obesity among women of childbearing age. Dr. Stang is on the Roundtable on Obesity Solutions Workshop Planning Committee for the National Academies of Sciences, Engineering, and Medicine, and formerly a member of a technical expert collaborative of the USDA/HHS Pregnancy and Birth to 24 Months Project.

**Elsie Taveras, MD, MPH:** Dr. Taveras was a member of the Pregnancy and Lactation and the Birth to 24 Months Subcommittees. She provided expertise in infants and children and women who are pregnant or lactating, with a focus on minority populations. Dr. Taveras is Professor of Pediatrics at Harvard Medical School, where she also is an Investigator in its Nutrition Obesity Research Center, and Professor of Nutrition at Harvard T.H. Chan School of Public Health. At Massachusetts General Hospital, she is Chief of the Division of General Academic Pediatrics, Director of Pediatric Population Health Management, Co-Director of the Raising Healthy Hearts Clinic and Executive Director of the Kraft Center for Community Health. Her research has examined determinants of obesity in women and children and developing interventions across the life course to prevent obesity and chronic diseases, especially in underserved populations. She is a member of the National Collaborative on Childhood Obesity Research External Scientific Panel.

**Linda Van Horn, PhD, RDN, LD:** Dr. Van Horn was a member of the Dietary Patterns and the Dietary Fats and Seafood Subcommittees. She provided expertise in dietary patterns, added sugars, dietary fats, and seafood across childhood, adolescence, and adulthood and among women pregnant or lactating. Dr. Van Horn is Associate Dean for Faculty Development at Northwestern University's Feinberg School of Medicine and a Tenured Professor at the School of Medicine's Department of Preventive Medicine. Her research has focused on the role of diet in prevention and treatment of cardiovascular disease and obesity across the lifespan. Dr. Van Horn has also examined the importance of diet quality in pregnant and lactating women, with a focus on gestational weight gain. Dr. Van Horn is a member of the American Heart Association Nutrition Committee and the American Cancer Society's Prevention Committee. She was the chair of the 2010 Dietary Guidelines Advisory Committee.